

# Therapist List

- **Dawn Barr, MSW, LCSW**

1350 Central Ave. Ste. 204

Los Alamos, NM 87544

Office: 505.660.2654

[copper\\_canyon@comcast.net](mailto:copper_canyon@comcast.net)

Ages: Children (4-12), Adolescents, Adults, Elderly

Populations: Individuals, Couples, Families

Areas: Anxiety, Depression, DBT, Children's Issues, Separation Anxiety,

Autism, Divorce, Children of Divorce

Insurance taken: BC/BS

- **Linda Pike Bennett, LMHC**

1475 Central Ave, Ste. 210

Los Alamos, NM 87544

505.695.9389

[lindapikebennett@gmail.com](mailto:lindapikebennett@gmail.com)

Ages: Children, Adolescents/Parents

Population: Individuals, Families, Groups

Areas: Gifted, Twice-Exceptional, Perfectionism, Anxiety, Depression, School and Relational Issues

Insurance taken: BCBS

- **Teisha Caldwell, LPCC**

1350 Central Ave. Ste. 204

Los Alamos, NM 87544

Office: 505.930.2139

[tkclpcc9362@outlook.com](mailto:tkclpcc9362@outlook.com)

Ages: Adults, Elderly

Populations: Individuals, Groups, Families

Areas: Anxiety Disorders, Depression, Bipolar, Schizophrenia, and Trauma. EMDR and DBT.

Insurance taken: BC/BS, Pres, NM Health Connections, Christus St. Vincent, Humana

- **Laura Christensen, LCSW (DBT Los Alamos, DBT LA)**

1350 Central Ave. Ste. 204  
Los Alamos, NM 87544  
Office: 505.920.5717 Fax: 995-8505  
[look4solutions@msn.com](mailto:look4solutions@msn.com)

Ages: Adults (20+)  
Populations: Individuals, Couples, Groups  
Areas: Depression, Anxiety, Relationship/Work Issues,  
Addictions, PTSD, Grief /Loss, Bi-polar/Personality  
Disorders, OCD, Complex/Severe/Dual Diagnoses.  
Contracted w/ Ins as DBT Specialist  
Insurance taken: BC/BS, Pres, NM Health Connections

▪ **Jvona Cowart, LPCC, LMFT**

2323 Diamond Drive  
Los Alamo, Nm 87544  
713.203.4673  
Ages: Eight years and older  
Population: Individuals and Families  
Area: Christian Counseling  
Insurance taken: Presbyterian, BC/BS  
Medicaid

▪ **Barbara deNevers, CFNP**

1475 Central Ave, Ste 210  
Los Alamos, NM 87544  
Office: 505.412.7756 Fax: 505.662.8859  
Ages: Adolescents, (15+), Adults  
Populations: Individuals  
Areas: Medication Management of Adults & Adolescents.  
Depression,  
Anxiety, Bipolar, Personality Disorders  
Insurance taken: BC/BS

▪ **Dr. Anjali Desari, M.D., Bd. Certified Psychiatry**

2237 Trinity, Suite B  
Los Alamos, NM 87544  
505.662.2237  
Ages: Adults  
Populations: Adults  
Areas: Psychosomatic Medicine, Neurobiology

Insurance taken: BC/BS

▪ **Karen M. Doyle, LISW (Los Alamos DBT/Adherent Protocol)**

110 East Gate Dr.

Los Alamos, NM 87544

Office: 505.982.2470

[doylekaren15@comcast.net](mailto:doylekaren15@comcast.net)

Ages: Adults

Populations: Individuals, Couples, Groups

Areas: Depression, Bi-polar, Women's Issues, Relationship Issues (home/work), Weekly DBT & Life Skills group.

Insurance taken: BC/BS Commercial, Pres.

▪ **Donna Giaquinto, LPCC**

190 Central Park Square Ste. 105

Los Alamos, NM 87544

Office: 505.662.1419 (will ring through to private, confidential cell phone if I am not in the office)

Ages: Children, Adolescents, Adults, Elderly

Populations: Individuals, Couples, Families

Areas: EAP

Insurance taken: BC/BS

▪ **Cynthia Goldblatt, LPCC, LMSW, Ph.D, C.P.**

505.235.2329

Ages: Adults, Elderly

Populations: Individuals, Couples, Families, Groups, Workplace Bullying Issues

Areas: Depression; PTSD; Relationship issues; Workplace Bullying; Personal Growth; Bereavement, Grief and Loss; Action- Method/Psychodrama Groups for Adults; Women's Personal Growth Groups.

Insurance taken: BC/BS Commercial, Sliding Scale.

▪ **Elizabeth Grant**

1505 15th St, Suite A

Los Alamos, NM 87544

505.695.5866

Areas: General

Insurance Taken: BC/BS, Medicaid

▪ **Brian Haigh, MD**

1475 Central Ave, Ste 210

Los Alamos, NM 87544

Office: 505.412.7756 Fax: 505.662.8859

Ages: Children, Adolescents, Adults

Populations: Individuals, Families, Groups

Areas: Anxiety, Depression, schizophrenia, bipolar disorder, personality disorders

Insurance taken: BC/BS

▪ **Michelle Harkey, LMHC, LMT**

3250 Trinity, Ste B-1

Los Alamos, NM 87544

595.695.2095

[Michelle@ActiveIntegrationTherapy.com](mailto:Michelle@ActiveIntegrationTherapy.com)

Ages: Adolescent (10+), adult

Populations: Individuals, Couples, Groups

Areas: Anxiety, Depression, PTSD, Sexual Dysfunction, LGBTQ issues, Sexual Abuse, Women's Issues.

Sexual Abuse and Domestic Violence Recovery groups.

Insurance: none, sliding scale

▪ **Reva L. Heron, Ph.D. Clinical Psychologist**

1475 Central Ave, Suite 210

Los Alamos, NM 87544

505.490.2381

[rlheron@cybermesa.com](mailto:rlheron@cybermesa.com)

Ages: Adolescents (13+), Adults, Elderly

Populations: Individuals, Couples, Families

Areas: Mood Disorders, Anxiety, Trauma, LGBTQ Issues, Grief/Loss

Insurance taken: BC/BS

▪ **Valarie Juerling, MA, LMFT**

1505 15th St, Suite A

Los Alamos, NM 87544

505.500.8127

Ages: Children, Adolescents, Adults

Areas: Couples, Families, Sand Tray Therapy, EAP

Insurance taken: BC/BS

▪ **Anna Katherine, LPCC**

2237 Trinity, Suite B  
Los Alamos, NM 87544  
505.913.3056

Ages: Adults, Families

Populations: Adults, Couples, Families

Areas: ADHD, ADD, Bipolar, PTSD, Grief, Depression,  
Personality Disorders

Insurance taken:

▪ **Stephanie Koch, LMHC**

1460 Trinity DR #4  
Los Alamos, NM 87544  
Office: 505.309.1279 or 505.983.8225  
Mesa Vista Wellness

Ages: Adolescents and Adults

Populations: Individuals and Groups

Areas: Eating Disorders, Anxiety Disorders, Depression,  
Bipolar, and Trauma. CBT and DBT.

Insurance taken: BC/BS, Magellan, Molina, United Health  
Care, Optum, Medicaid only, most other insurances  
accepted.

▪ **Ellen Lefkowitz, LCSW**

532 Don Gaspar Ave.  
Santa Fe, NM 87505  
Office: 505.660.6140  
[ellenlefkow@gmail.com](mailto:ellenlefkow@gmail.com)

Ages: Adolescents (15+), Adults, Elderly

Populations: Individuals, Couples

Areas: Anxiety, Depression, Eating Disorders,  
Transgender Issues

▪ **Heather McCulloch, LMFT**

1475 Central Ave. Ste. 210  
Los Alamos, NM 87544  
Cell: 505.412.8312  
[hmcpeace@gmail.com](mailto:hmcpeace@gmail.com)

Ages: Children (2+), Adolescents, Adults

Populations: Individuals, Couples, Families

Areas: Anxiety, Divorce, PTSD, Sexual Abuse, DBT, Trauma, Parenting, Play & Sand Play Therapy.

Insurance taken: BC/BS, Pres, Lovelace, UBH, Medicaid

▪ **Georgina Mesibov, LPCC**

1475 Central Ave. Ste. 210

Los Alamos, NM 87544

Office: 505.695.0233 Fax: 505.661.9637

[gmesibov@outlook.com](mailto:gmesibov@outlook.com)

Ages: Adults (18+)

Populations: Individuals, Couples and Families

Areas: Depression, Anxiety, Bi-polar, Addictions, Marital Counseling, Grief/Loss and Life Changes.

Insurance taken: BC/BS, Pres, Medicaid

▪ **Deepa Nadiga, MD**

1475 Central Ave, Ste 210

Los Alamos, NM 87544

Office: 505.412.7756 Fax: 505.622.8859

[drnadiga@gmail.com](mailto:drnadiga@gmail.com)

Ages: Adults

Populations: Individuals

Areas: Anxiety, Depression, Schizophrenia, Bipolar Disorder, Personality Disorders

▪ **Lori Padilla, LMHC**

Small Business Center, Suite 108

Los Alamos, NM 87544

505.395.5362

[pmlori@q.com](mailto:pmlori@q.com)

Ages: Adults

Populations: Individuals

Areas: Trauma, Psychodrama, Action Methods

Insurance taken: None

▪ **Kris Raber, LISW, LCSW**

1475 Central Ave, Suite 210

Los Alamos, NM 87544

505.660.4383

Ages: Adults, Elderly

Populations: Individuals, Couples, Families

Areas: Depression, Anxiety, Grief/Loss, Relationship Issues, Divorce, Transition/Adjustment Issues.

Insurance taken: BC/BS, UBH

▪ **Mary Rodrigues, LPCC, LADAC (Hope Counseling Services)**

1475 Central Ave Ste. 210

Los Alamos, NM 87544

505 Camino De Los Marquez

Santa Fe, NM 87505

505.490.1801

Populations: Adolescents, Adults, Individuals, Couples, Families

Areas: alcohol/substance abuse & behavioral addictions; school/behavioral problems;

parenting; trauma; complicated grief, loss, depression, anxiety; suicidal ideation.

Insurance taken: BCBS

▪ **Galen Sanchez, MA, LPCC**

1475 Central Ave, Ste 210

Los Alamos, NM 87544

Office: 505.412.7756 Fax: 505.662.8859

Ages: Children, Adolescents, Adults (ages 6-30)

Populations: Individuals, Families

Areas: Depression, Anxiety, Bipolar, Schizophrenia, Autism Spectrum,

School Issues, Psychotherapy/Consultation

Insurance taken: BC/BS Commercial

▪ **Ernesto Santistevan, PhD**

1475 Central Ave, Ste 210

Los Alamos, NM 87544

Office: 505.412.7756 Fax: 505.662.8859

Ages: Adolescents, (15+), Adults

Populations: Individuals

Areas: Medication management of Adults & Adolescents.

Depression, Anxiety, Bipolar, Personality Disorders

Insurance taken: BC/BS

▪ **Gretchen Selby, LISW**

1505 15th St. Ste. D

Los Alamos, NM 87544

Office: 505.695.5511

[azureinaz@hotmail.com](mailto:azureinaz@hotmail.com)

Ages: Adolescents (14+), Adults, Elderly

Populations: Individuals

Areas: Disorders of Mood (Depression, Postpartum, & Bipolar), Anxiety, PTSD, Adjustment difficulties, Bereavement (Grief/Loss), Substance use problems.

Insurance taken: BC/BS

▪ **Jamie Silverman, LISW/Art Therapist**

1247 Central Ave. Ste. F

Los Alamos, NM 87544

[jamiebe@earthlink.net](mailto:jamiebe@earthlink.net)

Office: 505.820.1866 Cell: 505.629.8176

Ages: Children, Adolescents and Adults

Populations: Individuals, Couples and Families

Areas: Counseling, Art Therapy, Play Therapy and Family Constellations.

Insurance taken: BC/BS, Pres, Optum, Cigna, Centennial, Medicaid

▪ **Diane Starkenburg, Psy.D.,**

Licensed Clinical Psychologist

3250 Trinity Dr, Ste. D4

Los Alamos, NM 87544

Office: 505.662.0468

Ages: Adolescents (13+), Adults

Populations: Individuals, Couples

Areas: Depression, Anxiety, Grief/Loss, Couples' Issues, Major Mental Illness and Eating Disorders.

Insurance taken: BC/BS, Pres

▪ **Diana Stearns, MA, LMFT**

505.238.4143

[refugecounseling@icloud.com](mailto:refugecounseling@icloud.com)

Populations: Individuals, Couples, Families, Adolescents (15+), Adults

Areas: Anxiety, Attachment & Relationship Issues,



Depression, Grief/Loss, Infidelity,  
Interpersonal Conflict, Separation & Divorce,  
Trauma/PTSD.

Insurance taken: BCBS Commercial

▪ **Tom Steward, MSW, LCSW/LISW**

3250 Trinity Dr. Ste. B-3

Los Alamos, NM 87544

103 South St. Francis Dr. Ste. C

Santa Fe, NM 87501

Cell: 505.412.0010

[tomstewardpa@gmail.com](mailto:tomstewardpa@gmail.com)

[www.thelightonthemountain.com](http://www.thelightonthemountain.com)

Populations: Individuals, Couples, Families, Groups

Areas: Depression, Anxiety, Grief/Loss, Trauma, EMDR,  
Christian/Spiritual issues, Psychotic Disorders, LGBT

Insurance taken: BCBS, Presbyterian

▪ **Amanda Story, LPCC Amanda Story, LPCC**

1505 15th St. Ste. A

Los Alamos, NM 87544

Office: 505.663.6009

Ages: Young adults (+15), Adults

Populations: Individuals, Couples

Areas: Mood disorders (anxiety, depression, bipolar,  
postpartum), Relationship issues, Transition/adjustment  
issues, trauma, grief/loss, personal growth

Insurance taken: BCBS

▪ **Miriam Thorp, MSW, LCSW**

555 Oppenheimer Dr. Ste. 200

Los Alamos, NM 87544

Office: 505.660.5726

[miriam@nnmcs.com](mailto:miriam@nnmcs.com)

Ages: Adolescents, Adults

Populations: Individuals, Couples, Families

Areas: CBT, Depression, Anxiety, Bipolar, PTSD,  
Postpartum Depression,

Parenting, Separation/Divorce, Grief/Loss and Sandwich  
Generation Issues.

Insurance taken: BC/BS, NM Health Connections

▪ **Kathleen Veenstra, LPCC**

127 Eastgate, Suite E212

Los Alamos, NM 87544

Office: 505.577.1018

Ages: Adults

Insurance taken: BC/BS, Pres.

▪ **Robert Ward, LPCC**

1475 Central Ave., Ste.210

Los Alamos, NM 87544

505.490.1801

Populations : Children 6+, Adolescents, Adults,  
Individuals, Families

Areas: Depression, Anxiety, Bipolar Disorder, School  
Issues, Change of Life Concerns

Insurance taken: BCBS

▪ **Julia Weinstein, MD**

1475 Central Ave, Ste 210

Los Alamos, NM 87544

Office: 505.412-7756 Fax: 505.662.8859

[juliebalwit@gmail.com](mailto:juliebalwit@gmail.com)

Ages: Adults

Populations: Individuals

Areas: Anxiety, Depression, Schizophrenia, Bipolar  
Disorder, Personality Disorders

Insurance taken: BC/BS Commercial

▪ **Claire Wood, LMHC, LPCC**

3250 Trinity Dr. Ste. B-3

Los Alamos, NM 87544

Office: 1.505.692.9513 (please dial "1")

Ages: Adolescents (10+), Adults

Populations: Individuals, Couples

Areas: Grief, Anxiety, Depression, Transgender Issues,  
Eating Disorders.